



# PRATIBIMB



## WELCOME BACK

### E DITORIAL

#### Embracing the Essence of June: A Time for Growth and Reflection

As we welcome the month of June, we find ourselves at a pivotal moment in the year—a time that bridges the renewal of spring and the vibrancy of summer. June is a month that holds a unique significance, offering opportunities for growth, reflection, and anticipation of the warmer days ahead.

#### The Season of Graduation and New Beginnings

June is synonymous with graduation ceremonies and the celebration of academic achievements. For many students, it marks the culmination of years of hard work and dedication. Whether transitioning from one grade to the next, moving on to high school or college, or entering the workforce, graduates are embarking on new journeys filled with promise and potential. As a community, it is our privilege to support and encourage these young individuals as they step into their future. Their achievements are a testament to their resilience and determination, especially in the face of unprecedented challenges in recent years. Let us celebrate their success and inspire them to continue pursuing their dreams with confidence and courage.

#### Looking Ahead with Optimism

As we journey through June, let us carry with us a sense of optimism and purpose. The longer days and warmer weather bring a renewed energy, encouraging us to pursue our goals with vigor and enthusiasm. Let us embrace the opportunities for growth, cherish the moments of reflection, and nurture the connections that enrich our lives. In closing, June is a month that encapsulates the essence of progress and possibility. It is a time to celebrate achievements, reflect on our journey, and look forward with hope and determination. May this month bring you joy, inspiration, and a renewed sense of purpose.

### J UNE ALMANAC

Date	Day	Event
1st	Sat	World Milk Day, Global Parents Day
2nd	Sun	International Sex Workers Day, Telangana Formation Day
3rd	Mon	World Bicycle Day
4th	Tue	International Day of Innocent Children Victims of Aggression
5th	Wed	World Environment Day
7th	Fri	World Food Safety Day
8th	Sat	World Oceans Day, World Brain Tumour Day
12th	Wed	World Day Against Child Labour
14th	Fri	World blood Donor Day
15th	Sat	Global Wind Day World Elder Abuse
16th	Sun	World Fathers' Day, World Sickle Cell Awareness Day,
17th	Mon	World Sauntering Day
18th	Tue	World Day to Combat Decertification and Drought
19th	Wed	Autistic Pride Day
20th	Thu	World Refugee Day
21st	Fri	World Hydrography Day, International Yoga Day, World Music Day
23rd	Sun	International Olympic Day, United Nations Public Service Day, International Widow's Day
26th	Wed	International Day Against Drug Abuse & Illicit Trafficking
30th	Sun	World Asteroid Day

### J UNE HIGHLIGHTS

## FIRST DAY WELCOME

### Warm Welcome on the First Day of School for Children

The first day of school marks the beginning of a journey filled with learning, growth, and new experiences.

On , the 1st day of the new academic year 2024-25, halls of our school were filled with excitement and anticipation as teachers eagerly awaited the arrival of the new batch of students. Teachers at 'The Jain International school, Chh Sambhaji Nagar embraced this day with open arms and were ready to welcome and guide the children on their educational voyage. The school gates opened to welcome the young learners.

The children assembled in the assembly hall for an orientation session. Teachers conducted the entire morning assembly to welcome the students. The school principal and COO , Mrs Shikha Srivastava ma'am delivered a heartfelt welcome speech, emphasizing the importance of education, behavior, discipline and the exciting journey ahead. The students who were present on the 1st day of the school were given a special welcome note by their respective class teacher.

The first day of school was a resounding success. Thanks to the dedication and enthusiasm of the teachers. Every effort was made to ensure that the children felt welcomed, valued, and excited to embark on their educational journey. As the end of the day the children had smiles on their faces and they were eager to return for another day of learning and discovery.













  
**Message from  
The  
PRINCIPAL**



**WELCOME  
BACK**

**Ms. Shikha Srivastava  
Principal**

## **Welcome Back to the New Academic Session**

Dear Students, Parents, and Staff,  
Welcome back to another exciting academic year at [School Name]! I hope you all had a restful and enjoyable summer break, filled with memorable experiences and quality time with family and friends.

As we step into this new academic session, I am filled with immense enthusiasm and optimism for the year ahead. Our dedicated teachers and staff have been working diligently to prepare engaging and enriching learning experiences that will inspire and challenge our students to achieve their full potential.

To our returning students, we are thrilled to have you back. Your energy, creativity, and passion are the heart of our school community. To our new students and families, a warm welcome to you. We are delighted to have you join our TJIS family, and we are committed to ensuring a smooth and successful transition for you.

This year, we will continue to focus on our core values of excellence, integrity, and inclusivity. We are dedicated to providing a safe, supportive, and nurturing environment where every student feels valued and empowered to succeed. Our academic programs, extracurricular activities, and support services are all designed to foster personal growth, critical thinking, and a lifelong love of learning.

As we embark on this new journey together, I encourage each of you to embrace the opportunities and challenges that lie ahead. Let us strive for excellence in all that we do, support one another, and work collaboratively to make this school year the best it can be.

Parents, your partnership and involvement are crucial to our students' success. We look forward to working closely with you and keeping the lines of communication open. Together, we can create a positive and impactful educational experience for our children.

To our incredible staff, thank you for your unwavering dedication and hard work. Your commitment to our students' success is truly inspiring, and I am confident that, with your support, we will achieve great things this year.

Let's make this academic session a remarkable one, filled with achievements, growth, and joy. I am excited about the possibilities and look forward to witnessing the amazing accomplishments of our students.

Here's to a fantastic year ahead!



The Jain International School hosted a two-day Faculty Training Program (FTP) on 31st May and 1st June 2024, aimed at enhancing the knowledge and skills of our teaching staff. The theme for this faculty training program was applied intelligence.

### Day 1 Highlights:

The program commenced with an inauguration ceremony featuring distinguished dignitaries Dr. Chandrashekhar DP, Dr. Mona Mehdi, Mrs. Lalita Kosaraju, and Dr. Kartik Raman. The event began with the lighting of the lamp and a meditation session led by Mrs. Mansi Suradkar.

Principal Mrs. Shikha Srivastava delivered the welcome address, emphasising the importance of continuous professional development and Applied Intelligence in modern education. Dr. Kartik Raman, in his keynote speech, highlighted the importance of dental care and the prevention of oral cancer.

A panel discussion on 'Building a Culture of Applied Intelligence' followed, moderated by Mrs. Shikha Srivastava. The panelists explored the future of AI in education, providing valuable insights into its practical applications and ethical challenges.

In the afternoon, Dr. Chandrashekhar DP conducted the StageCraft session, focusing on enhancing teachers' presentation and stage management skills. The day concluded with closing remarks and the presentation of mementos.

### Day 2 Highlights:

The second day of the FTP, part of the Learning Festival Faculty Training Programme on AI, began with a warm welcome and a meditation session led by Ms. Aparna Yeolekar.

Vice Principal Ms. Dipti Saraf delivered an inspiring welcome address, followed by a motivating session on stress management by Dr. Pragbha Viraat. A panel discussion on "Emotional Intelligence in Teaching," moderated by Ms. Lalitha Kosaraju, highlighted the significance of emotional intelligence in education.

Dr. Mona Mehdi conducted a session on "SOP - The Tool to Professional Success," and Ms. Shruti Bakliwal shared insights on effective classroom management. The program concluded with a valedictory function, the presentation of participation certificates, and the national anthem.

The FTP was a resounding success, providing attendees with valuable insights, inspiration, and practical strategies to enhance their teaching and integrate applied intelligence into their educational practices.





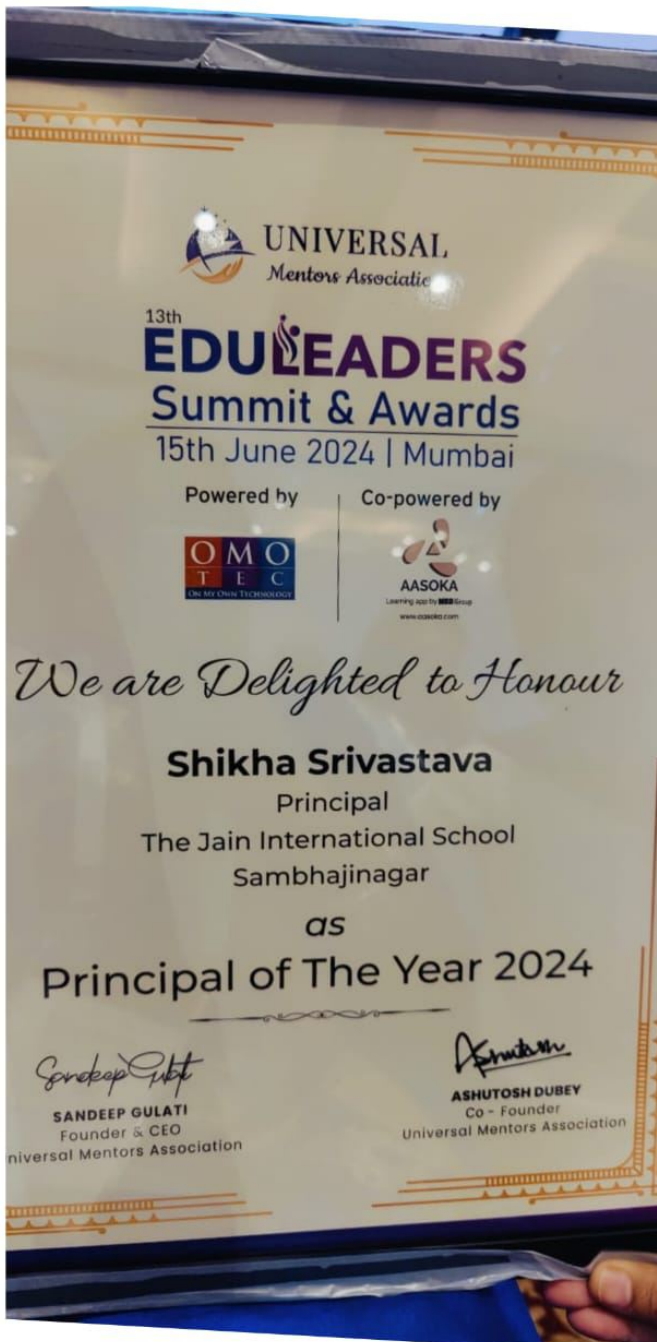








Today an event was held in the city of Mumbai by Universal Mentors Association for all education visionaries. The visionary principal of "The Jain International School", Chh Sambhaji Nagar, Mrs. Shikha Srivastava, received the most esteemed award for "The Principal of the year 2024". Heartiest congratulations ma'am Your visionary leadership at "The Jain International School, Chh. Sambhajinagar, has truly set a benchmark in academic excellence and innovation. This accolade is a testament to your dedication and commitment to fostering a nurturing and enriching educational environment. Ma'am, We all are very proud of you and are truly blessed to work under your leadership.





The journey of SUMMER FUNTOOSH Season 4.0, from 1st May to 24th May, had been wonderful. This exciting season, which began in May 2024 has brought immense joy and learning to everyone involved. Educators from Hyderabad cluster had joined hands to enrich the students and parents fraternity. This season featured a diverse array of activities. Numerous wonderful sessions that were conducted during the Summer Fantoosh are as follows:

**1.Carnatic music session** was conducted by **Ms.Bala Madhuri on 1st May 2024**.Ma'am introduced and gave basic information about 14 swaras.

**2.Session on 'Transforming waste to wealth'** was conducted by **Ms. Kiran Jadhav on 2nd May 2024**. Ma'am demonstrated the making of a beautiful doll using used newspapers.

**3. Zumba fitness session** was conducted by **Mr.Aslam Khan on 3rd May 2024**.Sir demonstrated Zumba with his energetic and wonderful steps.

**4. Session on 'Drama performance'** was conducted by **Mr Prashant Likhari on 4th May 2024**.Sir told the importance of 4 basic elements of drama such as body language, emotions, appearance and dialogue delivery.

**5.Session on 'Baking Gulkand cupcakes'** was conducted **Ms. Swati Hazare on 6th May 2024**. Ma'am very beautifully and patiently explained each and every step to bake delicious gulkand cup cakes.

**6.'Singing session'** was conducted by **Mr.D Suresh Kumar on 7th May 2024**.Sir mesmerized everyone by singing a melodious Telugu song.

**7.A lovely Kathak dance session** was conducted by **Ms.Priyanka Dutta on 8th May 2024**. Ma'am shared her knowledge about different Mudras used while performing Kathak dance. Ma'am danced on Shiv Shloka,Guru vandana shlok and also talked about Tretaal.

**8.Session on Mosaic painting** was conducted by **Mr.Arun Kayde on 9th May 2024**.Sir demonstrated very clearly how to draw and colour a Mosaic Painting.

**9.Session on making the photo Rubik's cube** was conducted by **Ms.Snehal Koli on 10th May 2024**.Ma'am made a unique photo rubik cube during the session.

**10.Session on 'Alankar and Sargam lessons** was conducted by **Mr Ganesh Badak on 11th May 2024**.Sir gave information about Indian classical music along with information on sargam and alankar.

**11.A session on making homemade Milky barfi** was conducted by **Ms Poonam Maraju on 13th May 2024**. Ma'am taught the recipe using easy and simple steps.

**12.An energetic Gymnastics session** was conducted by **Mr Rahul and Ms Ankita on 14th May 2024**. Sir and ma'am showed several warm up exercises, stretching exercises and many other basic gymnastic activities and ended the session with meditation.

**13. Craft work session** was conducted by **Mr Atul Thakre on 15th May 2024**.Sir taught the students how to prepare a paper bag and decorate it.

**14. A session on 'Understanding British and American English** was conducted by **Ms.Shikha Srivastava on 16th May 2024**. Ma'am clearly stated how American and British English differ primarily in vocabulary, spelling, and pronunciation with differences in stress and vowel sounds.

**15. A session on Dance choreography** was conducted by **Ms.Pooja Bijewar on 17th May 2024**.Ma'am showed simply beautiful dance steps during the session.

**16.A session on Landscape painting** was conducted by **Ms.Saniya on 20th May 2024**.Ma'am painted a beautiful sunset painting.

**17. A Craft work session** was conducted by **Ms.Harshu Potbhare on 21st May 2024**.Ma'am made a beautiful paper fish during the session.

**18.A Cakey Bakey session** was conducted by **Ms.Sharmishta Arya on 22nd May 2024**.Ma'am showed the recipe of a home made black forest cake.

**19.A session on 'Instrumental Sargam on violin'** was conducted by **Mr.Shankar Vidhate on 23rd May 2024**.Sir gave basic information about violin and few alankars. Sir played lovely tunes on violin.

**20.A well organised Step-by-step hip-hop dance** session was conducted by **Mr. Ruturaj and Ms Sonali on 24th May,2024**.

**21.A peaceful Yoga session** was conducted by **Mr. Raja shekhar and Mr Venkat Mudhiraj on 24th May, 2024**.The session began with warm up activities. Asanas like Vrikshasana, Surya namaskar, Dhanurasana, Vimanasana, Trikonasana, Shirshasana and Virabhadrasana were beautifully demonstrated by the gentlemen.

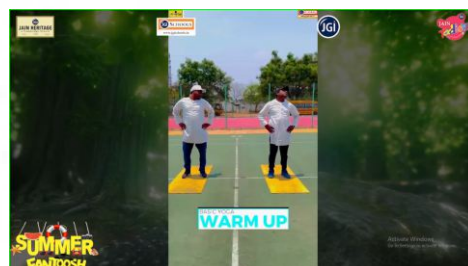
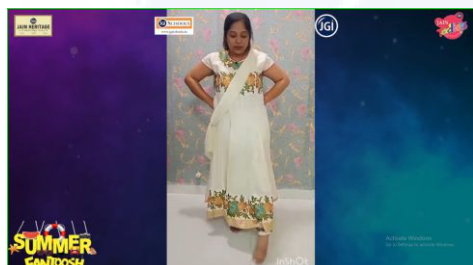
Respected Principal and COO of 'The Jain International School',Chh.Sambhaji Nagar, Mrs. Shikha Shrivastava ma'am expressed her gratitude to all the Educators and Coordinators for making SUMMER FUNTOOSH Season 4.0 a grand success for the students and the entire JGI Fraternity. Ma'am expressed her views saying that participants' active involvement and passion have truly made this event a memorable and enriching experience for everyone.

It was a vibrant mix of activities and made lasting memories. From exciting games to creative crafts, it's been a joy to see everyone's enthusiasm and energy.

We look forward to more fun and learning in future sessions.

Ma'am also added that 'The JGI family'is truly a powerhouse of talent. Ma'am congratulated everyone on this grand success of SUMMER FANTOOSH 4.0.







International Yoga Day 'was celebrated on 21st June 2024- Friday at 'The Jain International School', Chh Sambhaji Nagar with great enthusiasm and participation. The event aimed to promote the physical and mental well-being of students, staff, and the school community by engaging them in various yoga activities. Professional yoga instructors- Mr Anil Mahajan and his assistant conducted warm up and yoga sessions for the students and students followed the instructions. Anil sir also informed the students about the importance of yoga. Our respected principal, Mrs Shikha Srivastava ma'am thanked the guest by presenting him a token of appreciation. Ma'am addressed the students and told about the importance and necessity of yoga in our daily lives. The event fostered a sense of community and well-being. The Yoga Day celebration was a resounding success. The event highlighted the importance of physical and mental health and provided valuable insights into the benefits of yoga.





On 21st June a special assembly was organised by grade IVA for celebration of Music Day under the guidance of our esteemed music teachers. It was a joyous occasion filled with melodious tunes and heartfelt performances.

Principal Ma'am, Mrs Shikha Srivastava ma'am addressed the assembly, emphasizing the importance of music in our lives and its role in fostering creativity and harmony. Her words inspired us all to appreciate the beauty of music and its profound impact on our school community.

Throughout the event, students showcased their talents with their mesmerizing songs that resonated through the halls. Additionally, their skillful performances on the Casio added a special charm to the celebration, leaving everyone enchanted.

Music day celebration not only entertained but also enriched everyone's soul with the magic of music.





The Jain International School, Chh Sambhaji Nagar organized an orientation session for Grade 10 students and their parents on June 10, 2024- Monday in the school auditorium. The session aimed to familiarize students and parents with the academic expectations for the upcoming academic year.

Agenda of the session was as follows.....

- Purpose of the Orientation
- General Guidelines for the boards by CBSE –for the academic year 2024-25
- Understanding the CBSE Curriculum
- Stress Management
- Resources and Support from school and staff
- Examination Preparation tips
- Theory Assessment Pattern, importance of internal assessments based on Project, Portfolio, H.W, Worksheets and Periodic Assessments.
- Code of conduct and discipline-DO'S AND DONT'S from the students.
- All the faculty members for grade 10 were introduced by the principal ma'am and they took over their subject along with the QUESTION PAPER PATTERN
- Role of Parents

1. Respected Principal Mrs Shikha Srivastava ma'am welcomed the attendees and provided an overview of the school's mission and vision, emphasizing the importance of students' academics for the year 2024-25.

Ma'am discussed about academic expectations, homework policies, disciplinary behavioural of students, Do's and Don'ts expected from the students, available academic support, including extra help sessions and tutoring.

Ma'am discussed about the role of parents in supporting their children physically and mentally to enhance their educational performance.

All the grade 10 teachers were introduced by the principal ma'am.

All the teachers gave a detailed presentation on the Grade 10 curriculum and explanation of the CBSE assessment pattern and grading system.

The orientation session was well-received by both students and parents. It provided a comprehensive overview of what to expect in Grade 10 and addressed many common concerns.





The Jain International School, Chh. Sambhaji Nagar organized an orientation session for parents and students of Toddlers to Grade 9 on June 12, 2024- Wednesday in the school auditorium. The session aimed to familiarize students and parents with the academic expectations, curricular, co-curricular activities, rules and policies for the upcoming academic session - 2024-25.

Agenda of the session was as follows.....

- Purpose of the Orientation
- Introduction of the vision and mission of the school
- Introduction of PEARL Curriculum in detail for toddlers and PITCH philosophy
- New added material to the PEARL kit for toddlers
- Introduction of the highlights and events of toddlers held during last year
- Common activities for all the classes
- Explanation about Skill Enrichment Program
- Exam pattern and marks for all the classes for the academic year 2024-25
- An overview of the upcoming year - 2024-25
- General instructions to the parents including personal grooming of Students, Do's and Don'ts
- Resources and Support from school and staff
- Theory Assessment Pattern, importance of internal assessments based on Project, Portfolio, H.W, Worksheets and Periodic Assessments.
- Introduction of all the faculty members from toddlers to Grade 9 including the Vice Principal, Coordinators HODS, House masters and CCA department.....
- Role of Parents
- Respected Principal Mrs Shikha Srivastava ma'am welcomed the attendees and provided an overview of the school's mission and vision, emphasizing the importance of students' academics for the year 2024-25.
- Ma'am discussed about academic expectations, homework policies, disciplinary behavioural of students, Do's and Don'ts expected from the students, available academic support, including extra help sessions and tutoring.
- Ma'am discussed about the role of parents in supporting their children physically and mentally to enhance their overall performance.
- The orientation session was well-received by both students and parents. It provided a comprehensive overview of the upcoming year and addressed many common concerns.







## The Jain International School, Chhatrapati Sambhaji Nagar (Aurangabad)

CBSE Affiliation No. I130369 | School Code : 30294 | UDISE : 27191108623



### AISSE (X BOARD CBSE) 2024 ACHIEVERS !!

## *Congratulations*



### Subject Toppers



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A Field Trip 'was arranged on 20th June 2024 ( Thursday) for the students of grade 5 to 7 of 'The Jain International School, Chh.Sambhaji Nagar to the ' Farm Science Center. The main objectives of this trip was to provide students with practical knowledge of agricultural practices, modern farming techniques, and the importance of sustainable agriculture.

Students were briefed about the daily activities done in the Science center by various scientists working in the center. After this the students were taken for a visit to the farm to see different types of plants and the poultry farm within the center. Students found the trip highly educational and engaging. The field trip to the Farm Science Center was a successful educational experience, enriching students' understanding of agriculture and sustainability. It fostered a deeper appreciation for farming practices and the importance of innovation in agriculture. The trip has inspired many students to consider careers or further studies in agricultural sciences.





On 22.6.24- Saturday, Students of grade 1-4 went on an educational field trip to Pallawankur Nursery. The purpose of the trip was to enhance their understanding of plants, their varieties, and their importance in our ecosystem. Students learnt about different types of plants, including ornamental plants, medicinal herbs, and fruit-bearing trees. One of the highlights of the trip was observing a wide array of colorful and fragrant flowers in bloom. We were fascinated by their beauty and diversity.

Throughout the visit, knowledgeable nursery staff members explained the characteristics of each plant species, their specific requirements for growth, and their role in the environment. This interactive learning experience allowed us to ask questions and deepen our understanding of botanical concepts.

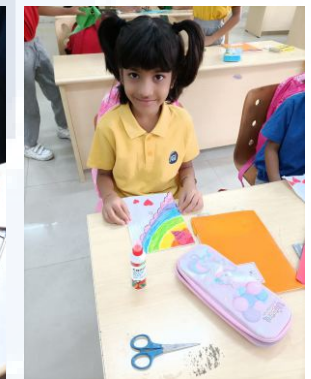
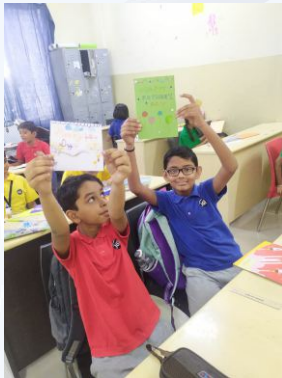








# FATHERS DAY





Hobby clubs provide students with valuable opportunities to explore their interests, develop new skills, and interact with peers in a supportive and enriching environment. This year The Jain International School-Chh.Sambhaji Nagar took a new initiative and started various clubs like embroidery, gardening, adventure, life skills, music, fireless cooking, dance, drawing (Art) and oratory. Each club was led by the dedicated teachers who conducted various Interesting activities ensuring a rewarding experience for all the participants. The first day of the hobby clubs was a resounding success. Students eagerly participated in various activities. The enthusiasm and dedication of both students and teachers set a positive tone for the rest of the year. Here a few glimpses of all the club activities.





## The Transformative Power of Yoga: A Journey to Mind-Body Wellness

Yoga, an ancient practice rooted in Indian philosophy, has transcended centuries and geographical boundaries to become a global phenomenon. This holistic discipline, which harmonizes the body, mind, and spirit, offers numerous benefits, making it a popular choice for individuals seeking physical health, mental clarity, and emotional balance. In today's fast-paced world, yoga has adapted to contemporary lifestyles while retaining its core principles. Online classes and yoga apps have made it easier than ever to practice yoga from the comfort of home. Yoga studios offer a variety of classes, from hot yoga to aerial yoga, appealing to diverse preferences. Moreover, the integration of yoga into healthcare is growing. Many hospitals and wellness centers now offer yoga as part of their holistic treatment plans, recognizing its therapeutic potential in managing chronic pain, recovering from surgery, and coping with illness. With its rich history and profound benefits, yoga is more than just a physical exercise. It is a transformative practice that fosters harmony between the body, mind, and spirit. Whether you are seeking to improve your physical health, manage stress, or find inner peace, yoga offers a path to holistic well-being. Embracing yoga can lead to a more balanced and fulfilling life, making it a timeless and invaluable practice for individuals across the globe.

Tanishq Vishal Sable  
Grade :- VIII B

## Sports Development Across the Globe

Sports have played a crucial role in human society for millennia, evolving from ancient games to modern global competitions. The development of sports worldwide reflects social, economic, and technological changes, promoting physical fitness, teamwork, and cultural exchange.

### Early History

The origins of sports can be traced back to ancient civilizations. The Greeks introduced the Olympic Games in 776 BC, featuring events like running, wrestling, and chariot racing. Similarly, the Mayans played ball games, and martial arts emerged in Asia. These early sports were often linked to religious rituals and community celebrations.

### Modernization and Globalization

The 19th and 20th centuries saw significant advancements in sports development. The Industrial Revolution provided more leisure time and resources, leading to the formalization of many sports. Britain played a key role, codifying rules for soccer, rugby, and cricket, which spread through its empire. The revival of the Olympic Games in 1896 marked the beginning of international sports competitions. This era also saw the establishment of major sporting organizations like FIFA (Fédération Internationale de Football Association) and the ICC (International Cricket Council), which standardized rules and organized international tournaments.

### Economic Impact

Sports have become a significant economic force. Major events like the FIFA World Cup and the Olympic Games generate billions in revenue and create jobs. The sports industry includes merchandising, broadcasting rights, and sponsorship deals, making it a vital part of the global economy.

**Social and Cultural Impact:** Sports promote social cohesion and cultural exchange. They provide a platform for addressing social issues, such as racism and gender equality. Programs like the Special Olympics and Paralympics highlight inclusivity and the transformative power of sports.

### Challenges and Future Directions

Despite the positive impact, challenges remain. Issues like doping, corruption, and the environmental impact of large-scale events need addressing. Looking ahead, the focus is on sustainable practices, technological integration, and promoting sports at the grassroots level to ensure inclusive and equitable development.

### Conclusion

The development of sports worldwide is a testament to human creativity, resilience, and the desire for excellence. As sports continue to evolve, they hold the promise of uniting people, fostering peace, and contributing to the overall well-being of societies globally.

Riya Naphade  
Grade :- IX D

## IMPORTANCE OF TIME

### “Time is what we want the most but what we use the worst” - William Penn

Whenever you hear the word “time”, most of the people reading this article will suddenly realise that they are forgetting something. And there's a simple logical answer to this psychological activity. And it is — we never respected time.

Time is something that needs to be saved the most, and as William Penn rightly said that it is a thing we need the most, but also it is the thing that is wasted the most. And the only way to get out of this repetitive cycle is to tell yourself that each and every second that you're experiencing right now, at this moment — will never return.

Minutes run by, hours run by, still we don't know how to use this important piece of jewel. And mark these words — the right time to begin something is now — because it is the only possibility when we have the power to do something.

We always procrastinate our jobs, our responsibilities, just for those lazy comforts that you get while lying on the bed! Now there's only one person that can teach you the importance of time. And that person is YOU! Teach yourself how important time is, and if you do not, you will scold yourself for your entire life for not saying those words. This isn't any joke. Time needs to be respected. Time needs to be understood. Because, whenever the whole humanity will turn back and look for something they left behind, then that thing would obviously be time.

Before I stop writing, I just want to tell you that you'll have to implement this. Otherwise, there will be nothing left for you.

Thank you.

Shivam Pimple  
Grade:- VII-C



## IMPORTANCE OF SPORTS

Tennis is a widely popular outdoor game which is being played in all regions of the world. Tennis was first played in the mid 19th century in Birmingham, England. Tennis has several variations in how it is played which include lawn tennis, table tennis, etc. Similar to cricket and soccer, tennis is a physically demanding sport. In this essay on tennis in English, how the sport influences one's body and the effects it has on their body and mental health are discussed.

All You Need to Know About the Sport Tennis is a kind of racket sport that is beneficial to one's body in many regards. Although the majority of people concentrate on sports like cricket or football when they are young, oftentimes they cannot participate in those sports as they become older. However, tennis can be played and enjoyed by a wide group of people ranging from the very young to older people. Playing tennis can have many benefits, including physical and mental health benefits:

### Physical health

Tennis can improve your aerobic capacity, lower your resting heart rate and blood pressure, and increase your bone density. It can also help you lose weight, improve your muscle tone, strength, and flexibility, and increase your reaction times. Some studies show that playing tennis regularly can lower your risk of heart disease by up to 56%.

### Mental health

Tennis can help you manage stress and anxiety, improve your mood, and boost your self-esteem. It can also help you sleep better, reduce symptoms of depression, and increase your resilience. Playing tennis can also improve your critical thinking, alertness, and tactical thinking skills.

Types of Tennis Court :- Clay courts: These types of courts slow down the ball resulting in the ball bouncing higher compared to grass or hard courts. They are made from stone and crushed shale.

Grass courts: Fastest type of courts that consist of grass grown on hard-packed soil. These are high maintenance courts and have to be watered often and take a long time to dry. It's difficult to play on such courts during the rainy season.

Hard courts: Made from a rigid material and are covered by acrylic surface layer thus offering higher consistency for bouncing of the ball. Carpet courts: Any removable court covering. Used in the indoor arenas.

Thank You

Krutika Bedre  
Grade :- IX - C

## SOCIAL MEDIA : IT'S WHAT STUDENTS DO

Social media has become integral to our lives, and students are no exception. A recent study found that 95% of teenagers use social media. The digital age has led to an increase in Social Media usage among people of different age groups. With the Quarantine time, social media has gained attraction among all people including students. However, some people still believe that social media is always considered to be a deteriorating tool in academics. While social media is here to stay, instead of criticizing, it is better that we learn to take the better part of it and learn how to make an opportunity out of it. Research shows that the most popular social media platforms among students are WhatsApp, Instagram, Snapchat, Twitter etc. Social media does have some positive effects on students, but it can also have some negative ones.

Here are some of the key ways in which social media has influenced students

### Positive Impact

**Communication and Connectivity:** Social media platforms have made it easier for students to connect with friends, family, and peers, regardless of geographical boundaries. This has facilitated communication and helped maintain relationships.

**Information Sharing:** Students can access a wealth of information and educational resources through social media. Many educational institutions and experts share valuable content on platforms like YouTube and LinkedIn, making learning more accessible.

**Networking Opportunities:** Social media platforms allow students to connect with professionals in their field of interest. This can be invaluable for career development, as students can learn from experts, seek advice, and explore job opportunities.

**Self-Expression:** Social media provides a platform for self-expression through sharing photos, videos, and written content. This can boost creativity and help students develop their online identities.

**Awareness and Activism:** Social media has played a crucial role in raising awareness about social and political issues. Students can engage in sharing information and organizing events online.

### Negative Impact

**Time Management:** Excessive use of social media can lead to time management issues. Students may spend too much time scrolling through their feeds, which can affect their academic performance and overall productivity.

**Mental Health:** Studies have shown that heavy use of social media can contribute to feelings of anxiety, depression, and loneliness among students. The pressure to curate a perfect online persona and the constant comparison to others can be detrimental to mental well-being.

**Cyberbullying:** Social media platforms can be a breeding ground for cyberbullying. Students may experience harassment, online threats, or humiliation, which can have severe emotional consequences.

**Privacy Concerns:** Students often share personal information on social media, sometimes without fully understanding the potential privacy risks. This information can be exploited by malicious actors or impact future opportunities.

**Distraction:** Social media can be a major distraction when students should be focusing on their studies. The constant notifications and the allure of checking social media can hinder concentration and academic performance.

In conclusion, social media has both positive and negative impacts on students' lives. It can enhance communication, learning, and networking but also pose risks to mental health, privacy, and academic performance. It's essential for students to use social media mindfully and strike a balance between its benefits and drawbacks. Therefore, it is important for students to use social media in a responsible and balanced manner to avoid the negative effects and take advantage of the positive ones.

Jinal Jain  
Grade :- IX - C



## SPORTS

### **The Role of Sports in Modern Society**

Sports play a pivotal role in the fabric of modern society, transcending mere entertainment to deeply influence cultural, social, and economic dynamics worldwide. From grassroots levels to international spectacles, sports unite communities, inspire individuals, and foster a sense of belonging unlike any other human endeavor.

### **Cultural Impact**

In every corner of the globe, sports are embedded in the cultural tapestry, shaping identities and traditions. Whether it's football in Brazil, cricket in India, or basketball in the United States, sports not only reflect societal values but also serve as a platform for celebrating diversity and promoting inclusivity. Sporting events often become national celebrations, bringing people together across barriers of language, religion, and politics.

### **Health and Well-being**

Beyond cultural significance, sports promote physical and mental well-being. Regular physical activity reduces the risk of chronic diseases, enhances cardiovascular health, and improves overall fitness levels. Moreover, participation in sports instills discipline, resilience, and teamwork—qualities essential for personal development and success in all facets of life.

### **Economic Influence**

The sports industry is a formidable economic powerhouse, generating billions of dollars annually through broadcasting rights, sponsorships, merchandise sales, and tourism. Major sporting events such as the Olympics, FIFA World Cup, and Super Bowl not only attract global audiences but also stimulate local economies, creating jobs and infrastructure development opportunities.

### **Social Cohesion**

Sports have a unique ability to foster social cohesion and promote peace. In conflict zones, sports diplomacy has been used to bridge divides and promote understanding among diverse communities. Organizations like the International Olympic Committee (IOC) and FIFA actively promote peace-building initiatives through sports, emphasizing the universal values of fair play and mutual respect.

### **Challenges and Opportunities**

Despite its numerous benefits, the world of sports faces challenges such as doping scandals, financial disparity, and corruption. However, these challenges also present opportunities for innovation and reform. Advances in technology, sports science, and governance continue to reshape the landscape of sports, making it more accessible, equitable, and sustainable for future generations.

### **Conclusion**

In conclusion, sports are not merely games but powerful agents of change in society. Whether as a source of inspiration, a tool for health promotion, or a catalyst for economic growth, sports have the unparalleled ability to transcend barriers and bring people together. As we navigate the complexities of the 21st century, the role of sports in promoting unity, fostering development, and enriching lives remains more crucial than ever.

Aditya Laxmikant Korhale  
Grade - IX - C



TANUSHREE DALVI of grade 6 D got 3rd prize in this G Champ State level abacus competition



## NEWS PAPER

LOKMAT TIMES

### The Jain Intl School



**I**nternational Day of Yoga was enthusiastically celebrated at The Jain International School. The event aimed to promote the physical and mental well-being of students, staff, and the school community. Professional yoga

instructor Anil Mahajan and his assistant conducted yoga sessions for students. Principal Shikha Srivastava thanked the guest by presenting a token of appreciation and guided students on the importance of physical and mental health.

CityFirst  
Page No. 8 Jun 23, 2024  
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### जैन इंटरनेशनल की सानवी को मिला स्वर्ण



छत्रपति संभाजीनगर. राष्ट्रीय स्पेल बी इंटर स्कूल प्रतियोगिता- 2024 में जैन इंटरनेशनल स्कूल की द्वितीय कक्षा की सानवी नवीन साहू ने प्रथम रैंक हासिल करते हुए स्वर्ण पदक अपने नाम किया है. इस प्रतियोगिता में उत्कृष्ट सफलता हासिल करने के पश्चात अब सानवी का चयन राज्य स्तरीय प्रतियोगिता के लिए किया गया है. इस उपलब्धि पर स्कूल की प्राचार्या शिखा श्रीवास्तव, उप प्राचार्य दिप्ती सराफ, समन्वयक रेखा ठाकूर, अध्यापकों और परिजनों ने सानवी को बधाई देकर भविष्य के लिए शुभकामनाएं दी.





# STAR OF THE MONTH

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**NAKSH DAWAR**  
Grade :- I

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**MANSVI BAJAJ**  
Grade :- I

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**DARSH RATHI**  
Grade :- I

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**ANSHITA JADHAV**  
Grade :- II

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SWARA RAUT**  
Grade :- II

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SAMARTH DATANGE**  
Grade :- II

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**AARADHYA BHATT**  
Grade :- II

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SATVIK GHODGE**  
Grade :- III

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SAISH NAWADE**  
Grade :- III

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**PADMANABH DATIL**  
Grade :- IV

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**MRUNMAYEE SOLAPURE**  
Grade :- IV

Date :- 30/06/2024

**JGI The Jain International School,**  
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**STAR OF THE MONTH**

Award Presented to  
**AARADHYA DUKARE**  
Grade :- IV

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**VEDASHRI PARRE**  
Grade :- IV

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SHAURYA RAUT**  
Grade :- V

Date :- 30/06/2024

**JGI The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**NITYA DASKHEDKAR**  
Grade :- V

Date :- 30/06/2024





## STAR OF THE MONTH

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**AVANI DALVI**  
Grade :- V

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**AARUSH CHOUDHARI**  
Grade :- V

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**VEDIKA DHADBALE**  
Grade :- V

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SHREEYA MITHEWAD**  
Grade :- VI

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SARBANI KAUR**  
Grade :- VI

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**MIHIR KAHATE**  
Grade :- VI

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SAKET CHAURE**  
Grade :- VI

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SANSKRUTI BANJAR**  
Grade :- VI

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**KANISHKA PAWAR**  
Grade :- VII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**NAKSH PATEL**  
Grade :- VII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**BHAKTI GURAV**  
Grade :- VII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**VIRESH JADHAV**  
Grade :- VII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**ABHIR YEVLEKAR**  
Grade :- VII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**BHAVIN WANDHARE**  
Grade :- VIII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**SHARAYU HIRAMATH**  
Grade :- VIII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**ISWARI DELOWAD**  
Grade :- VIII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
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**STAR OF THE MONTH**

Award Presented to  
**AASIMA BHANDARI**  
Grade :- VIII

PRINCIPAL

Date :- 30/06/2024

**The Jain International School,**  
Chhatrapati Sambhaji Nagar (Aurangabad)

**STAR OF THE MONTH**

Award Presented to  
**PARTH MATE**  
Grade :- VIII

PRINCIPAL

Date :- 30/06/2024



# HAPPY BIRTHDAY





## BIRTHDAY



## WELCOME BACK TO SCHOOL

When preschool starts, there is obviously the expected anxiety on the first day of school – this could be nursery or even a combination daycare. This is a three year old who is going to start going away from home, though only for a couple of hours a day – to strangers in an environment that is not home. Preschool education is education imparted to children in the 3-6 years age group. It is the first stage of organised education. The first day of preschool can be a stressful one for teachers, parents and children alike. However, it's also a special time in a child's life, and it's an important first step into the world of education. On the first day of Jain Toddlers ch. Sambhajibagar i.e 19th june 2024 we welcomed our students in the traditional way and given them handmade takeaways. The first day was totally memorable. Students felt very enthusiastic the whole day. Activities like Dance and music have made them excited to come to school everyday.



## YOGA DAY

"Yoga is like music, rhythm of the body, melody of the mind, and harmony of the soul creates the symphony of life". Firmly believing in this statement and to emphasize that the students should realize the importance and impact of yoga in their soul and body and utilize their energy in the right path, Jain toddlers chatrapati Sambhajibagar set the grounds for celebrating International yoga day on a large scale. Yoga has been shown to help children develop better concentration, focus, and self-esteem, as well as improve their physical flexibility, balance, and strength. It can also help children learn to manage stress and anxiety, and develop a sense of inner calm and peace. The International Yoga Day encourages children, parents, and educators to participate in yoga activities and learn about its benefits...





## BUBBLES DAY

Preschoolers love whisking bubbles with this activity toddlers ability to control their breathing and carry out complex mouth movement with the ability to develop language skills and bubble blowing activity speeds this movement. Jain Toddlers Ch. Sambhaji Nagar did this activity on 28th June with enthusiasm .





**1. Establish a Routine:**

o Create a consistent daily schedule that includes time for homework, extracurricular activities, and relaxation. A predictable routine helps children feel secure and manage their time effectively.

**2. Set Goals:**

o Encourage your child to set realistic academic and personal goals for the new school year. Discuss these goals regularly and celebrate their achievements, no matter how small.

**3. Create a Positive Learning Environment:**

o Designate a quiet, organized space at home for studying and completing homework. Ensure it is free from distractions and stocked with necessary supplies.

**4. Stay Organized:**

o Help your child keep track of assignments, projects, and important dates using planners, calendars, or digital tools. Organization reduces stress and helps children manage their workload efficiently.

**5. Encourage Open Communication:**

o Maintain open lines of communication with your child about their school experiences. Listen to their concerns, offer support, and encourage them to speak up if they face any challenges.

**6. Promote a Healthy Lifestyle:**

o Ensure your child gets adequate sleep, eats nutritious meals, and engages in regular physical activity. A healthy body supports a healthy mind, leading to better academic performance.

**7. Foster Independence:**

o Encourage your child to take responsibility for their learning. This includes completing homework on time, preparing for tests, and seeking help when needed.

**8. Stay Involved:**

o Attend school events, parent-teacher conferences, and stay informed about your child's progress. Your involvement shows your child that their education is a priority.

**9. Support Extracurricular Activities:**

o Encourage your child to participate in extracurricular activities that interest them. These activities help develop social skills, teamwork, and can be a great way to relieve academic stress.

**10. Be a Positive Role Model:**

o Demonstrate a positive attitude towards learning and education. Your enthusiasm and support can inspire your child to develop a love for learning.

**11. Balance Screen Time:**

o Set limits on screen time to ensure it does not interfere with homework, physical activity, or sleep. Encourage educational and interactive screen activities when appropriate.

**12. Teach Time Management:**

o Help your child prioritize tasks and manage their time effectively. Teaching them how to break down larger projects into smaller, manageable tasks can be very beneficial.

**13. Encourage Problem-Solving Skills:**

o Allow your child to tackle challenges and solve problems on their own, offering guidance only when necessary. This fosters critical thinking and resilience.

**14. Be Patient and Supportive:**

o Understand that adjusting to a new academic session can be stressful for children. Offer patience, support, and encouragement as they navigate this transition.

**15. Celebrate Efforts and Achievements:**

o Recognize and celebrate your child's efforts and achievements, both big and small. Positive reinforcement boosts their confidence and motivation.

By implementing these tips, you can help your child start the new academic session on a positive note and set the stage for a successful and enjoyable school year.

Editorial Board :- Mrs. Jayshri Jaybharye • Mrs. Paramjeet Oberoi • Mrs. Dipti Saraf • Mrs. Rekha Thakur • Designer :- Mr. Prafull Bhoyar



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